

Child health in Europe

The IDEFICS Study: towards a better understanding of obesity

Zaragoza, 8th-9th November 2010



University of Zaragoza



November 8th, 2010

13:30 Visit to posters

15:00 Introduction to IDEFICS

Obesity prevalence in European children

Wolfgang Ahrens and Iris Pigeot

15:30 Risk factors for obesity and cardiometabolic markers

Socio-demographic risk factors for obesity

Lucia Reisch and Wencke Gwozdz

Clustering of cardiovascular risk factors in children

Stefaan DeHenauw

Insulin resistance risk factors in children

Denes Molnar

Oral presentation (one selected abstract of a young researcher)

17:15 Coffee break

17:45 Biological mechanisms

Genes and obesity

Alfonso Siani

Genes and insulin resistance

Licia Iacoviello

Gene expression and obesity: imprinting and biomarkers

Andreu Palou and Catalina Picó

Oral presentation (one selected abstract of a young researcher)

Abstracts deadline: 27th August 2010

Instructions: Maximum 300 words (excluding title, authors and acknowledgements). Title, Authors, Institutions, Objectives, Material and Methods, Results, Conclusion and Mailing Address.

Best 4 abstracts will be selected for a 10' oral presentation

Abstract submission to: pmelen@unizar.es

November 9th, 2010

8:30 Introduction to behavioral aspects of obesity research

Ethical implications of obesity research in children

Garrath Williams and Dita Wickins-Drazilova

8:50 Nutrition behavior and food preferences

Diet patterns and obesity

Vittorio Krogh

Food consumption and obesity in children

Lauren Lissner and Gabriele Eiben

Taste preferences and obesity

Anne Lanfer and Kirsten Buchecker

Oral presentation (one selected abstract of a young researcher)

11:00 Coffee break

11:30 Physical activity and physical fitness

Built environment, physical activity, and obesity

Ilse De Bourdeaudhuij

Physical activity, sedentary patterns, sleep and obesity

Luis Moreno

Physical activity versus cardiorespiratory fitness as risk factors for obesity and metabolic disorders

Yannis Pitsiladis

Oral presentation (one selected abstract of a young researcher)

13:15 Closing

13:30 Visit to posters



More information: <http://www.idefics.eu> Registration: www.feuz.es/idefics